

## **Hualalai Academy students are fit**

Hualalai Academy's kindergarten through fifth-grade students have received the highest award for outstanding achievement in physical fitness. Thirty-five students last year achieved the Presidential Physical Fitness award, with six categories in the top 15 percent of the country. They are now distinguished as President's Council on Physical Fitness and Sports Physical Fitness State Champions for Hawaii.

Hualalai Academy incorporates national fitness standards into its daily physical education program.

The program supports and achieves the goals set for a HealthierUS, the prevention initiative of the U.S. Department of Health and Human Services, and the physical activity and fitness objectives of Healthy People 2010, the government's 10-year health objectives.